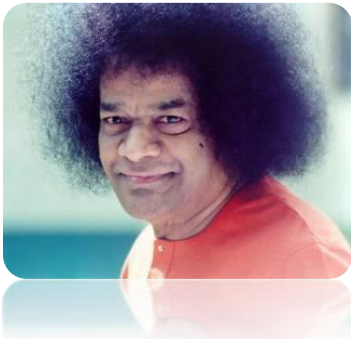




Sathya Sai School

Toronto, Canada

Parent Information Letter # 3 | Nov 30, 2021



Those enthusiastic about world peace must first learn how to experience and enjoy peace themselves.

~Sathya Sai Baba

Class Performances

DEC 10-16

Last Day of classes

DEC 17

Winter Vacation

DEC 20 – JAN 3

School Online Only

JAN 4-7

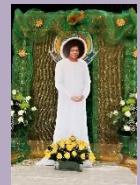
In-class & Online learning restarts

JAN 10

Report Card Making Day (No School)

JAN 21

Sri Sathya Sai Baba's 96th Birthday 03



Growing Garland 06



Remembrance Day 07



Human Values in the Classes 09



Community Helper: Dentist 15



Sathya Sai School of Canada

www.sathyasaischool.ca

From the Principal's Desk*Revathi Chennabathni*

Dear Parents and Well-wishers of Sathya Sai School of Toronto – Canada,

Thank you for the timely donation of non-perishable food items to the Harvest Food Bank during these times of need.

Impressive Covid- 19 vaccination launched by Sathya Sai School parents. Kudos! To my brave and courageous students who are getting vaccinated. I feel happy when the young students tell me that they were brave and did not shed even a single tear! Words are not enough to thank you for being the “Super vaccine hero” to your child(ren).

Seven grades' class performances will be live streamed either on December 10, 2021 or on December 15, 2021. Please stay tuned for further notification(s) from your child(ren)'s class teachers.

Parents, please ensure that your child(ren) are properly dressed for the winter season with necessary winter gear such as winter coat, snow pants, hats gloves and boots. Unless the temperatures are below -15 C, all students go out during lunch recess to get fresh air. Please take note of weather vagaries during this season. In case of inclement weather. Outsourced school vehicles will not ply and chances are the school will remain closed under such conditions. Your child(ren)'s class teacher will notify you accordingly via telephone call or class blog. Note that in case of siblings, only the oldest child will be notified.

Many thanks to the Parent Patrol Team (PPT), Building Management as well as Information Technology Teams (BMT, IT) for ensuring health and safety of students, staff and volunteers at all times.

As you know, as a proactive measure, for four days in January, 2022, all classes will be held online. Please remember to take all students' belongings on Dec 17 for online learning from January 4-7, 2022. Effective January 10, 2022, Hybrid format will return to all students.

On behalf of the Board of Directors and Staff members, wishing you and your families a safe and COVID- free Winter Break. Happy Holidays and a Prosperous New Year 2022.

Sincerely,

Revathi Chennabathni

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Upcoming Events**Class Performances: Dec 10-16**

Class performance to be posted on class blog.

Last Day of Classes: Dec 17

Last day of school before Winter Vacation.

Winter Vacation: Dec 20-Jan 3

No School.

School reopens Online only: Jan 4-7

All students will be Online only.

In-Class & Online: Jan 10

Restarting of both in-class & online learning.

Report Card Making Day: Jan 21

No school for students.



Founder Sri Sathya Sai Baba's 96th Birthday Celebration

Program

Welcome Address by
Principal Dr. Revathi

Indigenous People's Land
Acknowledgement

MCs Welcome by *Vaasavi*
and Aaran, grade 8 students

School Prayer led by
Vaisaini, grade 3 student

Video Presentation on
Sathya Sai Baba's
educational institutions

"My School Sathya Sai"
sung by grade 2 class

"Peace Is Flowing Like a
River" *sung by SK class*

"Manasa Bhajare Guru
Charanam" *sung by staff,*
accompanied by tabla and
piano.

"Khwaja Mere Khwaja"
sung by grade 8 students,
accompanied by tabla and
piano

Happy Birthday Song *sung by JK class*

Message to students from Sri Sathya Sai Baba

A special program was live streamed on November 22, 2021 in honour of Sri Sathya Sai Baba's 96th Birthday. Performances were videotaped in front of the beautiful altar that was created by Mr. Lojan Sivapragasam, father of Menon, a grade 7 student.

Following the opening welcome and prayers by Principal Dr. Revathi, the MCs, and Vaisaini, a video was aired depicting the unique educational institutions in India that were founded by Sri Sathya Sai Baba. These focused on "imparting values-based integral



education." Students are prepared to become competent in their field of studies, socially responsible, and spiritually aware, thus promoting their holistic development. The university provides cutting edge technology, academic studies, along with sports and culture, to develop a strong body and a sharp mind. The philosophy of *Educare* helps students to realize what is latent within them. The study of culture, music, theatre, dance, and the arts are encouraged, to bring forth the students' self-confidence. A sensitive heart is also developed as students learn to live for others. Values such as cooperation, empathy, understanding, and sacrifice are imbibed by students. The importance of labour is learned as students run all aspects of the running of their living quarters. Higher education

consists of exposure to national and international leaders, multifaith expositions, and different cultures working together to provide secular education along with spiritual upliftment. "The end of education is the transformation of an individual into an ideal citizen." Sai Baba's "temples of learning continue to mould men and women of professional excellence and virtuous



character.” (taken from video on the Sri Sathya Sai Institute of Higher Learning)

Following the video, the grade 2 class sang the School's Song: “My School Sathya Sai” in French and English, expressing their happiness with their school.



The Senior Kindergarten students sweetly sang “Peace Is Flowing Like a River / Flowing out to you and me / Flowing out into the desert / Setting all the captives free. / Love is flowing like a river..... / Hope is flowing like a river.... / Hope is flowing like a river.... Halleluia.....



Since the month of November is observed as Hindu Heritage Month, two of the songs offered as part of the birthday celebration are devotional songs from India. “Manasa Bhajare Guru Charanam” was the first devotional song composed by Sai Baba. It means “Meditate in thy mind on the feet of the Guru.” This can take you across the difficult sea of existence in birth after birth. The song was presented with much devotion by a group of students and staff members.

With much feeling, the grade 8 students performed “Khwaja Mere Khwaja” – meaning “O my Lord”. The song is a call to the Lord to reside in one's heart.

The Birthday Song was sung with enthusiasm by the Junior Kindergarten students.



To end the program, a video message from Sri Sathya Sai Baba was aired, with photos of Sathya Sai School of Toronto – Canada students at the Walk for Values inserted in between:

“Embodiments of Love, dear students Boys and Girls, every student has worked tirelessly with steadfast devotion. Truly, one cannot find an institution like this anywhere in the world. My biggest property is My Students!”

Videography was courtesy of Mr. Parth Gadhavi, AV specialist, husband of grade 2 teacher Mrs. Chandni Gadhavi. Music teacher Mr. David Labrada More provided musical direction and accompaniment.

The whole program was well-coordinated by Mrs. Chandni Gadhavi and SK teacher Ms. Ureta Ramjiawan. MCs were grade 8 students Vaasavi and Aaran.



The Birthday Cake was cut by the oldest and youngest teachers and a staff member whose birthday is Nov 22.



As a token gift from Sri Sathya Sai Baba, tuques embroidered with the



school name were distributed to every student and staff member, to honour his birthday. Thank you to Mr. Manish Rughani for coordinating the order.

Food Drive: Thank You!

Thank You to all parents and students for your generous donations to the Food Drive.

Daily counting of items was made by the grade 7 students. Sorting was done by the grade 8 students.

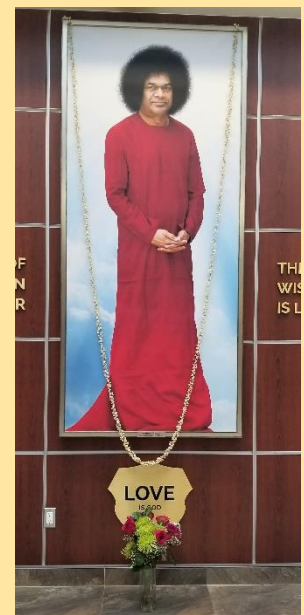
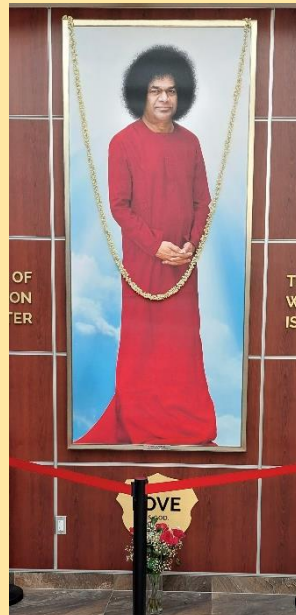
Assistance in delivery was rendered by: Mr. Ketan Pandit, Mr. Manoj Panda, and Mr. Sriskandarajah Mylvaganam.





Growing Garland

Special prayers were held on Founder Sri Sathya Sai Baba's 96th Birthday, November 23, 2021. During the prayers, the garland that was placed on his photograph began to sway, then gradually over the next several days it increased in length, giving testimony to Sai Baba's presence in the school and guiding light transforming all hearts.



Remembrance Day

On November 11, 2021, morning announcements were recommenced on the P.A. system from the Principal's office at Sathya Sai School. The Remembrance Day Program was led by Grade 3 students, followed by Dr. Revathi, who spoke on the history and significance of Remembrance Day.

➤ **Aboriginal Land Acknowledgement:**

"We acknowledge we are hosted on the lands of the Mississaugas of the Anishinaabe, the Haudenosaunee Confederacy and the Wendat. We also recognize the enduring presence of all First Nations, Métis and the Inuit peoples."

➤ **National Anthem**

➤ **Universal Prayer:**

O God, be in my mind and in my thinking
O God, be in my eyes and in my seeing
O God, be in my ears and in my hearing
O God, be in my mouth and in my speaking
O God, be in my hands and in my helping
O God, be in my heart and in my loving

➤ **Today's Weather**

➤ **Thought for the Day in English and French:**

"Put your heart, mind, and soul into even your smallest acts. This is the secret of success." ~ Swami Sivananda

➤ **Remembrance Day program: – Dr. Revathi**

"Remembrance Day was first observed in 1919 throughout the British Commonwealth. It was originally called "Armistice Day" to commemorate the armistice agreement that ended the First World War on Monday, November 11, 1918, at 11 a.m. – on the eleventh hour of the eleventh day of the eleventh month.

Every year on November 11, Canadians pause in a moment of silence to honour and remember the men and women who have served, and continue to serve Canada during times of war, conflict and peace. We remember the more than 2,300,000 Canadians who have served throughout our nation's history and the more than 118,000 who made the ultimate sacrifice of their lives.

A national ceremony is held at the National War Memorial in Ottawa. The Governor General of Canada

presides over the ceremony. It is also attended by the Prime Minister, other government officials, representatives of Veterans' organizations, diplomatic representatives, other dignitaries, Veterans as well as the general public.

In advance of the ceremony, long columns of Veterans, Canadian Armed Forces members, RCMP officers, and cadets march to the memorial led by a pipe band and a colour guard. At the end of the ceremony, they march away to officially close the ceremony." *(from veterans.gc.ca)*

➤ **In Flanders Fields:**

By John McCrae

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky

The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.

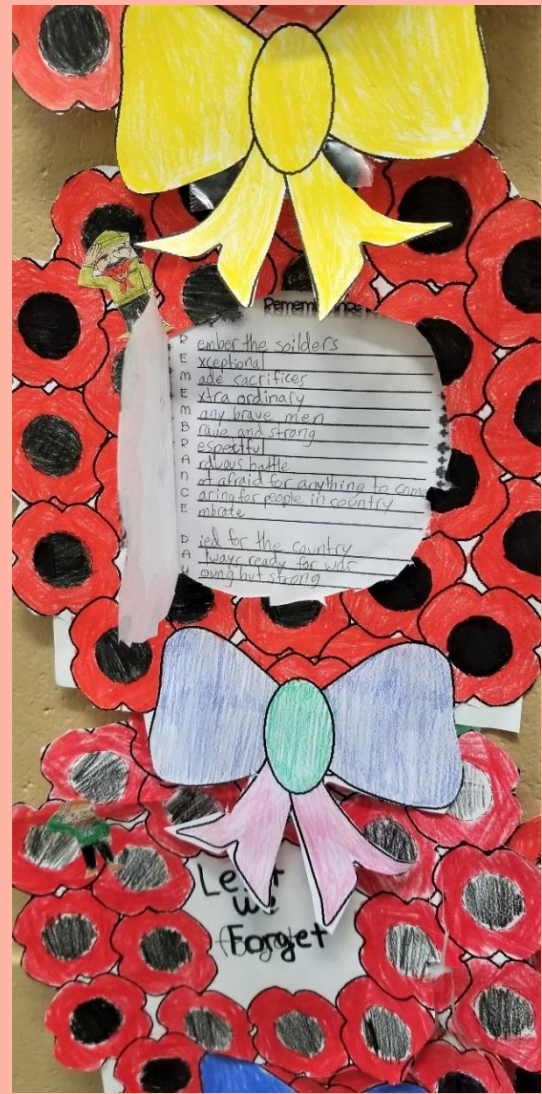
Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

➤ **Prayer** to send light and love for all those people in pain and suffering.

➤ **Light Meditation**



Grade 5 students made a wreath of poppies, wrote an acrostic poem on Remembrance Day, and worked as a team to tape all wreaths together into one huge wreath.



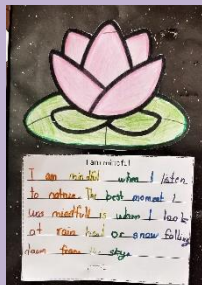
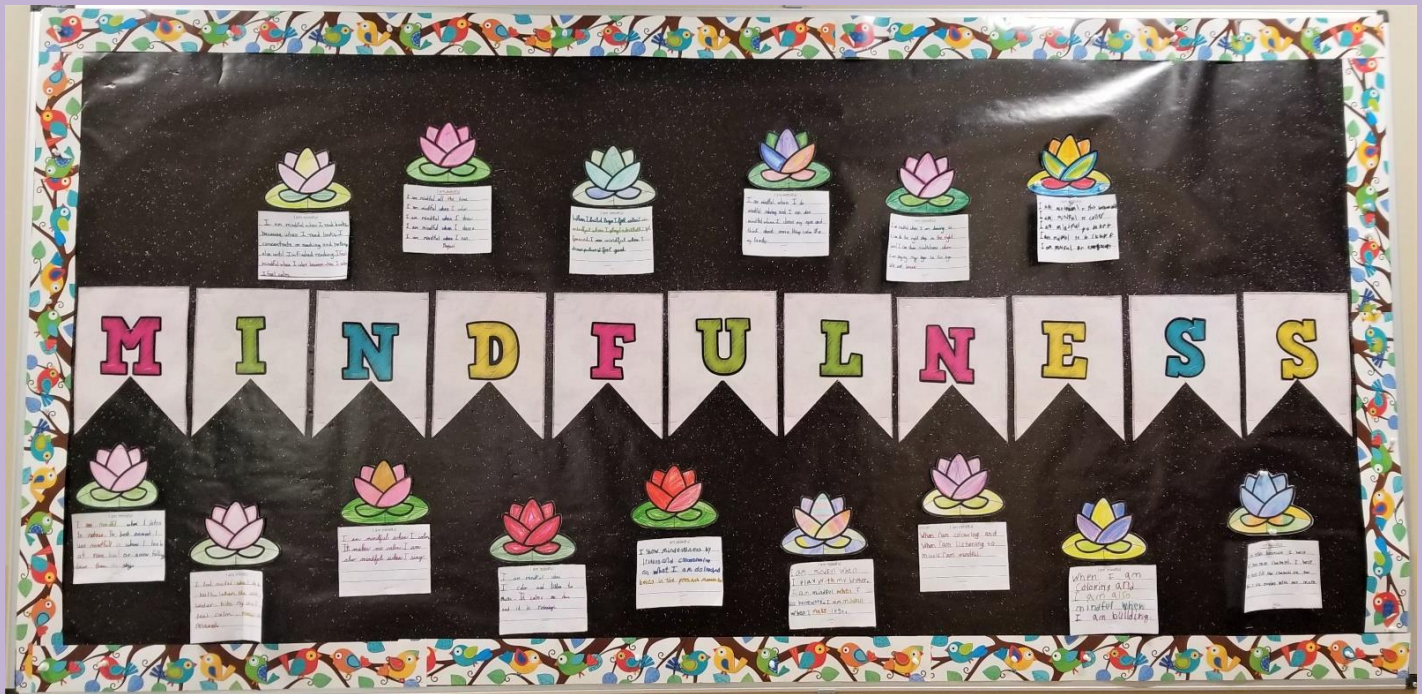
R emember the soldiers
 E xceptional
 M ade sacrifices
 E xtraordinary
 M any brave men
 B rave and strong
 R espectful
 A rduous battle
 N ot afraid for anything to come
 C aring for people in country
 E mbrace

 D ied for the country
 A lways ready for war
 Y oung but strong

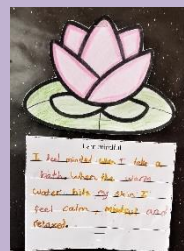
Human Values in the Classes

MINDFULNESS

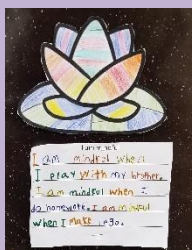
In Grade 3



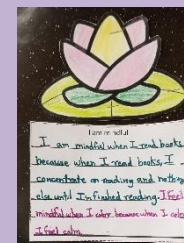
I am mindful when I listen to nature. The best moment I was mindful is when I look at rain, hail or snow falling down from the sky.



I feel mindful when I take a bath. When the warm water hits my skin I feel calm, mindful and relaxed.



I am mindful when I play with my brother. I am mindful when I do homework. I am mindful when I make Lego.



I am mindful when I read books because when I read books, I concentrate on reading and nothing else until I'm finished reading. I feel mindful when I colour because when I colour I feel calm.

MINDFULNESS

In Grade 5

Grade 5 teacher Mrs. Seema Sharma held an outdoor mindfulness exercise with grade 5 students. They prepared short summaries in class the same day.



"How I felt after doing the mindfulness activity..."

A few days ago, after the mindfulness activity I felt very calm and at peace. When Ms. Sharma asked us to close our eyes, I started to feel something. I felt as if I was at peace due to the fact that everyone was quiet and there was no noise. Initially, I started staring at the sun and slowly closed my eyes. I saw multiple colors like orange, yellow, red and even purple! I then started hearing various sounds. I heard birds chirping, cars zooming by, construction workers voices, and I even heard my own breathing. I do not know how I was able to comprehend all those sounds. Then I slowly opened my eyes and I saw blue in everything. Next, we went back inside the classroom and the blue started to fade away. Throughout the rest of the day I was very calm and was mindful about my actions without judging anyone. Through this mindfulness activity I learned to appreciate everything around me. In conclusion, I really recommend this mindfulness activity to anyone who likes to be relaxed and pleasant throughout the day.

~Aaran Neethan

Today at school we went outside to do a mindfulness activity. As I laid on the pavement, I could feel the sun's warmth above me. I also felt the sturdy rocks in between my fingers. I felt really peaceful. When I closed my eyes I could see vibrant colors. I realized I could see the spectrum of colors formed by the sun. It was a beautiful sight. When I opened my eyes I could see birds flying effortlessly in the blue sky. Clouds were slowly covering the sky, but the sun was still bright. When I listened carefully, I could hear myself breathing, cars roaring as they zoomed by, the construction workers working hard to build a community centre and at first voices in my head. But after sometime the voice faded away and so were my thoughts. The only thing that occurred to me was how pleasant this felt. I wish we could do this always. This was a pleasant way to start the day.

~Shreya Kapal-Nadjiwon



After doing the mindfulness activity I felt very calm. First of all, I felt really calm because we were sitting in front of the sun, I could see so many different colors! I felt calm and I could hear many things like: myself breathing, the construction worker speaking, birds singing, the machines, cars zooming past, and the breeze. Ms. Sharma told us to think about how we could be a better person. I thought about how I could be a better student to my teacher and how I could be a better child to my parents. Then, when the teacher told us to lay on the ground and look at the sky, I felt very happy to have a life that lots of people don't have. When I was looking at the sky, I saw many clouds and beautiful birds and I felt so peaceful. I really think we should do this every day because it makes me and I am pretty sure it makes everyone else calm and peaceful.

~ Soumyaa Kriushanthan

Today, when I was sitting on my balcony, I heard some soothing sounds which made me have wide grinning eyes. There were raindrops, the fresh and wet breeze, and cars zooming all around.

These sounds made me very peaceful, calm, and aware. This is what we call mindfulness. Mindfulness is basically being aware of something, and it can help you focus more. It can also decrease anxiety or nervousness and it will give you big smiles and an optimistic feeling.

When I was listening to the sounds, there was a peaceful feeling inside me, which made me relax, and I felt confident and optimistic. I also felt and heard the chilly wind, slapping my face as I enjoyed the outside.

I hope you felt relaxed being outside, and had the same great experience.

~ Nirvan Saha (Online Student)

When I closed my eyes, I felt the warmth of the sun gleaming on my skin. I imagined my parents were always there to help me and I thought how I could help them if they are tired or just need help for something. The sun was very bright, but it was very soothing for my eyes. I saw the colours blue, yellow, light green and orange pink. While I was closing my eyes, I had not opened them because I loved the moment of silence and I did not want to disturb the peace. I wish we could do this every day!

~Sathya Spaley

Today, during our mindfulness activity I had the chance to connect with my body and mind. Firstly, after I closed my eyes, it felt like I saw the rainbow. Slowly, I saw a bright orange and yellow light seeping through my eyelids. The colours led my mind to wonder about why the sun is so orange and I remembered that the sun is a giant fiery ball of gas. Next, my face felt warm and reminded me of how it felt when I lay on the sandy beach in the summer. Lastly, my mind was distracted by the noises of cars and trucks passing by along the road. My mind wondered why our school was so close to the road instead of in a quiet neighborhood. Overall, I enjoyed this activity because it allowed my body to get loose, feel relaxed and free. I recommend this activity to anyone who wants to feel calm and really connect to deeper thinking.

~Adavan Mathi

As we sat on the pavement, I could feel the sun shining and spreading its warmth to me. Then, Ms. Sharma asked us to close our eyes and listen to our surroundings. I heard many things, for example, I listened to the birds' tweet, the zooming of the cars, the voices from the construction site, people moving around and more. Next, Ms. Sharma asked us to lay down and face the sun. I realized that the colors from the sun were duller when I closed my eyes than the actual bright color it was when I opened my eyes. Overall, it was a pleasant and delightful morning during the mindfulness activity.

~Yaaksha Jaganathan

In the mindfulness activity, I felt very calm and relaxed. First of all, when we lay down on the ground, the sunlight hit my eyes and my eyes started to make some warm colors, mostly red, orange, green and yellow. Next, all the colours made me think about what will happen in the next few blocks. After I was done thinking about everything, I went back to my present world. Lastly, the mindfulness activity made me more mindful about what I was doing. You should try it too at home or at school. Remember to stay next to the sun so you can see the colours in your eyes when you close it!

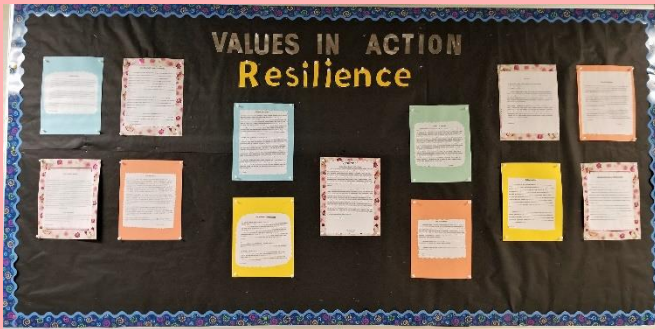
~Advaita Mahesh



RESILIENCE

In Grade 8

Grade 8 teacher Mrs. Nandini Menon assigned students to read real life stories of resilient people who went through difficulties and loss, and then to write about them.



A Daughter's Struggle Is a Mother's Battle

The way this tragic story commences is the same as when the secondary character finds out the protagonist was struggling all along.

Susan Guess, a mother who's sworn to always protect her daughter, finds out her eight-year-old daughter, Morgan, is being severely bullied in school.

Anxiety, self-harm, depression, all these things can be causes of bullying. So, when her mom decided to take a logical approach and try and contact the school administrators to listen, she was let down. She fought and fought for her daughter until she would finally be heard by her community. What she wanted most was to give her daughter a voice.

Years later, Morgan served on the Kentucky governor's task force to study bullying, helping kids like herself building resilience against others. Not only did she become one of the Hasbro Toy Company's ten Community Action Heroes but she also testified before the Kentucky legislature to support anti-bullying.

To digress, because of her and her mother's actions, over 640,000 public school students are now protected. Now, the rest is up to us.

~Sophie McLennon

Sana Mufasa's 'Rebirth'

This story is about a girl named Sana Mustafa who just came to Washington, D.C. when her father was detained because he spoke out against the regime. Her mom and sister went to Turkey but as we said, her dad was detained and this is the conflict. She resolves this by giving a voice to the voiceless; writing stories and speaking. This is how she overcame the problem of her dad being detained, and she continues to fight to this day. The people in Sana Mustafa's life are kind, such as her dad, but due to unfortunate circumstances she was separated from her family. When her dad was detained, her mom as well as both of her sisters fled to Turkey. So, she was left all alone and moved to Washington, D.C. This story is about her resilience, as she started from the ground up in Washington. One example was that she had to stay at nine different houses over the course of a year, working at a restaurant to start, slowly making her way up. This incident in her life is what made her what she is today. She resolved this turning point in her life by speaking and writing stories to bring a voice to the voiceless, and continues to fight to this day for refugees like herself, who also had to start their lives again, slowly going up.

What We Learned:

We feel the lesson to this story is to move on and find a way for your voice to be heard no matter the circumstance you are put in. We learned to make a way for your voice to be heard, but I also learned to help others and stand for what you think is right and to be selfless, just as Sana Mustafa went out of her way to fight for the people who do not have a voice.

~Aaran Rames and Prasad Lad



Shivani The Resilient

Shivani Ghatak was only 13 years old when her mother died. It was on May 13 2015, a day before her birthday, when she received the news. Her emotions were mixed; her dad asked her if she wanted to go to school or stay at home, she didn't know what to say and just went to her school bus to go to school. When she was at school, the students there comforted her by saying nice comments and making a huge card signed by everybody. This was very heartwarming for Shivani and made her feel a bit better. To help her get through the loss and grief of her mother's passing, many people from her school, mother's hospital, and family comforted her and helped cheer her up. When she grew up, she was even invited to many different programs related to cancer relief. By the end of it all, she became much stronger as an individual and got through it all. Even though she has Crohn's disease, which is an intestinal disease, she still is alive and running today with full confidence. The lesson I get from this story is that first, if a loved one in your life passes away you need to make sure you stay strong and hope for the best. Now, I'm not saying that you should be heartless and just not care, but you should also remember that there are always people there for you who are ready to support you. Even for the people who have no family at all, there is always God who you can talk to and look up to for support and blessing.

~Shahan Ratnam

My Son Didn't Speak for Five Years

The story written by Jennifer Bateman, tells us the challenge that she had to face with her son. It explains how she had to learn a skill that others didn't. Jennifer's son didn't have a skill that we overlook today, that is speaking. This caused them to seek help through many sources, overcome many obstacles, and learn to find different angles to solve problems. This took years of hard work to accomplish, and more importantly, resilience, as many people looked down on them or thought it wasn't possible. It also shows that dreams do come true, as, in the beginning, Jennifer wished her son could speak. Now, he can and every time he does, it reminds everyone about the journey that they had.

I think that the lesson is to never treat people with difficulties differently from others. Sometimes people

who are disabled can rise to do more than you could ever do. Take Stephen Hawking, for example, he suffers from ALS aka Amyotrophic Lateral Sclerosis. In a non-scientific way, it basically means that you can't move, ergo, you can't talk, ergo, you can't do anything. Even with his disability, he still was able to achieve many things such as scholarships, acceptance into many great schools. He studied and found out more information about black holes. So, you should never make fun of or think that a disabled person can do less than you can. This story also shows that no matter what it is, or what obstacle you need to overcome, if you do it with thought and put your mind to it, it will always end in a celebration. Jennifer initially thought this was never possible, until it came true, right from her dreams into the real world. Now, every day is like a celebration to her, hearing her son say words and communicating with her is the best celebration she could have asked for.

~Aryan Gupta and Kashyap Vedula

Love What You Do!

There is a boy named Kyrie Irving. He lost his mom when he was four. Even though he would express grief for his mother, the love for his father and sister grew stronger because they went through it together. He moved to West Orange, New Jersey. Whenever he would see people from school getting picked up by two parents, he would usually go home, get out of the house, pick up a basketball and do what he loved. He watched his father play basketball so much and he was his idol. Even though Kyrie Irving made it to the NBA and his father didn't, his father was his hero and the greatest person he knew in basketball.

The message/lesson for those who are dealing with loss is that you are not alone, to understand that the parent you have is grieving as much as you are.

I learned not to let the past affect what you love and do today, so they will not become the problems of your future.

~Nityasankaran Janahan



Heritage Month: Hinduism

The grade 6 students drew diyas, which are small clay lamps. These are lit on Diwali/Deepavali to bring light into the world to overcome darkness and the forces of evil. The students describe below how the light helps them to self-transform.



On this amazing day, I have chosen a personal topic to improve and the topic I choose to improve on is initiative. I have chosen initiative because my voice is too soft, I get stressed when I have to talk in speeches or talk in general and everyone is staring at me and lastly I don't cooperate a lot. All those things I just said are bad for the future. How can I improve? Well, I can practice my voice at my house, try to practice speeches with my parents and cooperate more by answering more questions even though I am not really sure. These are many ways I can improve. Hope you have a Happy Diwali!!!!

~Krisha Neupane



One of the character traits I want to improve on is taking leadership and initiative. I want to be able to speak up in class and be a team player. I also want to take leadership and look at different perspectives while working in a team. I can do this by having confidence in myself and stepping out of my comfort zone. I can also put myself in others shoes to see what they are seeing. When working in a team, I want to be able to give out unique ideas that inspire everyone. I can practice raising my voice and speak for myself. I believe that having confidence in myself can help me bring light to my body, and I will be able to achieve my goals and take the right path in life. This can also help with my academic goals too, and not just my character goals. If I can follow all these steps I can achieve my academic goal.

~Aira Shyam



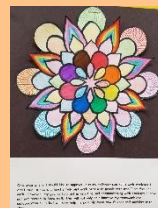
To improve my characteristics, I will need to organize and clean my things better. I need to take the responsibility of cleaning my desk and my home better. If I make it neater, it will make it easier for me too. I need to do this on a daily basis, to preserve cleanliness forever. I will try my best. This will light up my environment a lot more too. It will help spread light to my parents and my brother, because of the clean environment. This will improve my characteristics a lot.

~Krishnavivek Ivaturi



Today is Diwali, a time for new beginnings. I would like to reflect on a personal goal that I would like to improve on... I feel like I need to be a bit more confident and loud, these might take a long time to do. Sure, it might just seem so easy, but for a quiet person like me it can be a challenge to improve. I can start by being open, and not thinking about what will happen in the future, when I am not even there yet! I can also try by taking deep breaths and to not be afraid thinking about what others might think of me. There are many more steps to accomplish this goal, I leave this off with an encouraging quote. *"Confidence comes not from always being right, but from not fearing to be wrong."* - Peter T McIntyre

~Vaiga Palayadan



One area where I would like to improve in is my collaboration skills with students I don't talk too much. I mostly talk and work best with people with who I am familiar with. However, my goal is to start interacting and communicating with students I have not yet gotten to know well. This will not only help improve my teamwork and collaboration skills but will also help me possibly make new friends and socialize with them. ~Abisha Amalan

Community Helper: Dentist

Sathya Sai School has the good fortune of being visited each year by dentist Dr. Meera Gopalkrishnan, who demonstrates to students with love and a bright smile how to brush their teeth the right way. On November 25, a colourful slide presentations informed them of healthy foods to eat for dental and overall health.

Students in JK and SK listened attentively and asked engaging questions. Thank you to SK teacher Ms. Ramjiawan for bringing this important visitor to our students.



Videotaping for a Sathya Sai International Organization (SSIO) presentation took place on Nov. 25 & 26, 2021 at the school. A special thank you to Mr. Dev Taneja for coming and spending two days filming the students and teachers in their classrooms. SSIO members will edit the films provided, to make a video clip of a few minutes on our school, to be aired at an international conference in 2022 on Sathya Sai Schools around the world.



Founder Chancellor Sri Sathya Sai Baba to Students

Peace through truth, right conduct, love, patience

To enjoy peace, mankind must be controlled and directed by ideals of right conduct; this depends on mutual toleration in the family, which again is based on individual conduct that is pure and that aims at pleasing everyone. Such conduct has a charm all its own. Avoid in your behavior, actions, and speech all trace of the desire to pain others, to insult others, or to cause loss or misery to others. Find out the best means of reforming yourself thus, practice this type of living, desist from injury to yourself and your own good, and always walk in the path of truth. That is verily the path of beauty; that is conduct that is really charming.

For this, large heartedness is essential. People can acquire it only if they have (1) an inborn desire for it and (2) devotion in every act. Through devotion to the Lord, one gets humility, fear of sin, and faith in scripture. Through these qualities, littleness of mind is wiped out and people become large-hearted. Therefore, Oh ye seekers! First direct your efforts toward acquiring faith in God and fear of sin. These two will promote humility; and, remember, humility is peace.

If the above-mentioned four qualities are cultivated and practiced by each, there will be no envy between people; selfish grabbing will cease; the interests of others will be respected; and world peace can be stabilized.

- Sathya Sai Baba, Prasanthi Vahini, Discourse 15



Human Value for Nov/Dec **PEACE**

PEACE

Humility

Mindfulness

Gratitude

Patience

“Patience is not passive, on the contrary, it is concentrated strength.”

~ BRUCE LEE



SEASON'S GREETINGS

Math shapes transform into Holiday Greetings

By Grade 5 students





Multi-Faith Festivals around the world

Nov 28 – Dec 6

Hanukkah (Jewish)



Nov 28 – Dec 24

Advent (Christian)



Dec 8

Immaculate Conception (Christian)



Dec 8

Bodhi Day (Buddhist)



Dec 25

Christmas (Christian)



Dec 26 – Jan 1

Kwanzaa (African-American)



Dec 26

Zarathosht Diso (Zoroastrian)



Dec 31

Ghambar Maidyarem (Zoroastrian)



Jan 1

Oshogatsu (Shinto)



Uniform Note

Due to health and safety concerns, as well as shortages in supply chains worldwide, the Sathya Sai School uniform has been temporarily modified and the order form has been emailed to parents.

Important Dates: December 2021

Dec 10 Class performances
- 16

Dec 17 Last day of classes

Dec 20 Winter Vacation (*No School*)
- Jan 3

Jan 4-7 School reopens Online only

Jan 10 In-class & Online learning restarts

Jan 21 Report Card Making Day
(*No School for students*)

Yours truly,
Ms. Recht, Admin.Asst.
Dr. Revathi, Principal

