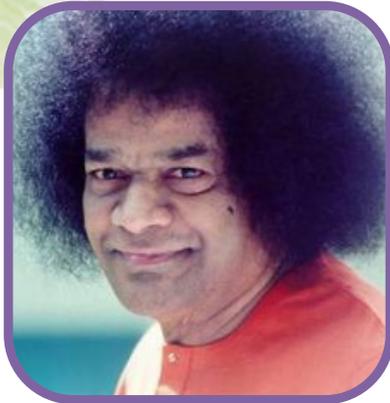




Sathya Sai School

Toronto, Canada

Parent Information Letter # 3 | Oct-Nov, 2022



“Do not use poisonous words against anyone, for words wound more fatally than even arrows.”

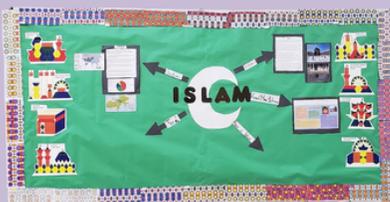
~Sathya Sai Baba

Heritage Month Hindu



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Heritage Month Islam



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From the Principal's Desk **Revathi Chennabathni**

February 10, 2023

Dear Parents and Well-wishers of Sathya Sai School,

The Sathya Sai School has resumed its 100% in class student participation across the board. Therefore, it is imperative to practice health and hygiene measures to safeguard students' physical health and wellness both at home and at school. As trilateral partners, I wish to thank you for your contribution to the health and wellness of our school community in the true spirit of triple partnership. For instance, following the school guidelines by keeping child(ren) home in case of any cold symptoms as well as strongly recommending masks to them is commendable.

In September of this school year, The Curricula nights, The Terry Fox Run, Sports day, Truth and Reconciliation events were held meaningfully and in-person. All events went seamlessly well, especially the Sports Day with enthusiastic parent participation with staff and students in the true sense of tripartite partnership was exemplary.

In October, the in-person Parent-Teacher Interviews gave an opportunity for parents to connect with their class teacher. This Fall, the Halloween Parade witnessed more home-made, recycled costumes, bringing the message of eco-friendliness through reduce, reuse and recycle. Individual Picture Day went seamless and the Picture Retake Day was scheduled for December 1, 2022. The Anti-Bullying Magic Show held this school year was well appreciated by students and the staff for instilling a profound yet subtle message of bullying and its effect on the social-emotional aspect on children.

The annual Food Drive at the school which commenced on October 3, 2022 and ended on October 31, 2022 witnessed the generous contribution of parents to a noble cause. The North York Harvest Food Bank truck picked up the food items on Tuesday, November 8, 2022. Thank you for donating 600 pounds of non-perishable food items to the less fortunate individuals of our society.

A gentle reminder to be respectful to the Parent Patrol Team, who are volunteering their time in the morning and afternoon for the safety of all students. The school drop off and pick up times are either lengthened or staggered to suit smooth transition of the traffic in the parking lot. Let us all do our part in making the school environment one of safety, caring and compassion.

Parents, please ensure that your child(ren) is/are properly dressed for the winter season with necessary winter gear such as winter coat, snow pants, hats, gloves and boots. Unless the temperatures are below -15 C, all students go out during lunch recess to get fresh air. Please take note of weather vagaries during this season. In case of inclement weather, outsourced school vehicles will not ply and chances are the school will remain closed under such conditions. Your child(ren)'s class teacher will notify you accordingly via telephone call or class blog. Note that in case of siblings, only the oldest child (ren) will be notified

Sincerely,
Revathi Chennabathni



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Mr. Pillay, A Visionary Leader



See page 3 for the full story.



A Visionary Leader's Legacies

T.R. Pillay: A Visionary Leader's Legacies

It was his great love for God, for humanity, and for learning that was the driving force behind Mr. Thamotharan Rajoo Pillay, a.k.a. T.R. Pillay's pioneering accomplishments as an educationist.

His many years as a teacher and vice-principal in Alberta provided the compassion, knowledge and skill that allowed him to later successfully implement his vision for a higher level of education, one that nurtures not only the intellect, but the character of the students as well.

As National Education Coordinator of the Sathya Sai Organization of Canada:

Mr. T.R. Pillay oversaw the development of the Sathya Sai Education program in all the Sathya Sai Centres across Canada.

As Sathya Sai School Principal 2000-2006:

Mr. T.R. Pillay is the Founding Principal of the Sathya Sai School of Toronto - Canada.

- 1999-2000 – Planning to open
- 2000 – in honour of Sathya Sai Baba's 75th birthday, the first Sathya Sai School in North America was inaugurated. The school's opening ceremony was graced by Dr. Jumsai, ISSE Director, Thailand. The school had a registration of 59 students in three grades: Junior Kindergarten, Senior Kindergarten and Grade One, with a staff of two teachers, a Secretary and a Principal: Mrs. Prem, Ms. Poddar, Ms. Recht and Mr. T.R. Pillay.
- 2001-2006 – Every year a new grade was added. The first batch of Grade Six appeared for Provincial EQAO (Education Quality and Accountability Office). In June 2006, Mr. Pillay retired as the Principal of Sathya Sai School.

Mr. T.R. Pillay and Team of Trustees interviewed and selected me as a successor prior to his retirement. Since the year 2006, Mr. T.R. Pillay visited the school every year to evaluate new teachers who were appointed at the Sathya Sai School.

As Canadian Institute of Sathya Sai Education Director 2010-2022:

The Canadian Institute of Sathya Sai Education (CISSE) was established in the year 2010, to promote the principles and programs of Sathya Sai Education in Human Values (SSEHV) at primary, secondary, and tertiary levels of education.

CISSE oversees the teacher training in the SSEHV program for Sathya Sai School staff members, as well as the delivery of the Dynamic Parenting program for parents. Mr. Pillay and his Team of facilitators were instrumental in drafting CISSE Course I & II, as well as in the planning, delivery and assessment of both courses since then.

As an Inspirational Leader and A Principled Human Being

As an inspirational leader, Mr. Pillay touched many hearts – young and old. His dedication to work is unparalleled and almost always contagious, resulting in great effort and buy-in from his colleagues. His timely feedback set the tone for self improvement and transformation.

M.O.D.E.L3 is an acronym coined by Mr. Pillay which stands for:

- M – Motivated
- O – Organized
- D – Disciplined
- E – Exemplary
- L3 – Love for God, Love for Learning, Love for Humanity and Nature

As a M.O.D.E.L3 individual and as an inspirational leader, Mr. Pillay led by example.

On behalf of the Chair, Mr. Dayal Mirchandani, and the Board of Directors, Sathya Sai School Staff, Students, Volunteers and Parents, I wish him a Happy Retirement and offer deep gratitude for the legacies he has left behind.

As we bid farewell to Mr. Pillay, we welcome Mr. Praveen Muruganandan and Mr. Prateep Menon as Director and Asst. Director of the Canadian Institute of Sathya Sai Education (CISSE). They will carry forward Mr. Pillay's visionary programs to promote the development of full human potential and good character in members of our society.



DIWALI

In northern India, they celebrate the story of King Rama's return to Ayodhya after he defeated Ravana by lighting rows of clay lamps.



Mrs. Sharanigan's Grade One class proudly shows their coloured lights for Diwali.

Southern India celebrates it as the day that Lord Krishna defeated the demon Narakasura.

In western India the festival marks the day that Lord Vishnu , the Preserver (one of the main gods of the Hindu trinity) sent the demon king Bali to rule the nether world.



Ms. Ramjiawan's Senior Kindergarten students proudly show their special outfits. Surrounding the page are the lights the students coloured for Diwali.

DIWALI

Diwali, or Dipawali, is India's biggest and most important holiday of the year. The festival gets its name from the row (awali) of clay lamp (deeps) that Indians light outside their homes to symbolize the inner light that protects from spiritual darkness. This festival is as important to Hindus as the Christmas holiday is to Christians.

Over the centuries, Diwali has become a national festival that's also enjoyed by non-Hindu communities. For instance, in Jainism, Diwali marks the nirvana, or spiritual awakening, of Lord Mahavira on October 15, 527 B.C.; in Sikhism, it honors the day that Guru Hargobind Ji, the Sixth Sikh Guru, was freed from imprisonment. Buddhists in India celebrate Diwali as well.



Above is Mrs. Sharma's Grade 7 class and below is Mrs. Menon's/Mr. Nankivell's Grade 5 class. The students were dressed in their special festive outfits.



DIWALI

Diwali is Celebrated Over Five Days.



Ms. Gabiana's Junior Kindergarten class show their colourful ethnic wear.

DAY ONE: People clean their homes and shop for gold or kitchen utensils to help bring good fortune.



Mr. Hau's Grade 2 class is holding their beautiful light boxes they made earlier that day.

DAY TWO: People decorate their homes with clay lamps and create design patterns called *rangoli* on the floor using colored powders or sand.



DIWALI

DAY THREE: On the main day of the festival, families gather together for Lakshmi puja, a prayer to Goddess Lakshmi, followed by mouth-watering feasts and firework festivities.



Ms. Mavinkurve's Grade 8 class all ready for a celebration.

DAY FOUR: This is the first day of the new year, when friends and relatives visit with gifts and best wishes for the season.



Ms. Cassiere's/Mr. Kandavel's Grade 6 class wishing everyone a Happy Diwali.



DIWALI



Mrs. Mohan's Grade 3 class is ready for a celebration.

DAY FIVE: Brothers visit their married sisters, who welcome them with love and a lavish meal.



Ms. Vora's Grade 4 class wishes everyone a happy Diwali.



Value Board - Peace



PEACE BOARD REFLECTION

by Vaiga, Abisha, Anusha, and Avik

Peace, a word of only five letters, but speaks in thousands of different words, deeds, and actions. Making this peace board together as a team and working in unity, we felt our simple harmony turn into a shared emotion, a sweet melody to our tune. One that allowed us to work more effectively and truly understand each other's ideas.

What do your eyes see when you first look at the board? The circular figure of the earth, our earth, and forever home. World peace, in our opinion, doesn't only mean peace within our nations, but rather peace within our earth. Pollution, climate change, and deforestation, all of which would not exist if we were at peace with the earth.

That's why the earth looks more green, and the oceans more blue. A piece of our imagination, not every land is green, nor is every ocean blue, thus this earth remains in our utopia, one of our imaginations.

On our board, a golden ribbon filled with flags of different countries, colours, and traditions surrounds the Earth. To our minds, this golden ribbon represents the strength that we hold when we are united. It symbolizes how each individual is unique in their own way, yet, we are all connected.

Our board also shows a beautiful dove being freed from a cage. It displays the feelings of hope and inner peace when one is no longer held back by negativity, just like the dove when it is able to fly freely, at last. Imagine being locked in a cage and feeling as though there is no way out. Then, imagine being freed and finally having the ability to let go of any negative thoughts. If we are able to work toward maintaining a peaceful world, each and every one of us would be able to fly high and achieve our dreams.

Value Board - Peace (cont'd next page)



Value Board - Peace (cont'd)

Lastly, the haiku displayed on the peace board summarises that the way to world peace is to find the peace within each and every one. Being at peace with ourselves is the first step towards achieving world peace. If everyone were to have a sense of inner peace, there would simply be no space left for conflict.

how peace could be achieved, not only in the world, but also within ourselves, as well as gave us a sense of togetherness. This experience will forever be a memory held close to our hearts, as we couldn't have brought the project to life without each other.

Throughout the journey of building our peace board, we learnt much more about the value itself. It widened our perspective on

"When the power of love overcomes the love of power. The world will know peace."
Jimi Hendrix

Value Board - Truth



by Anubhav, Vivek, Yash, Dhruv, and Shreyansh

The Truth board displays a Dharma Chakra of which the circular shape symbolizes the perfection of Dharma (an individual's duty fulfilled by the observance of a custom or law), the rim of the wheel representing concentration and center meaning discipline.

The four spokes of the Dharma Chakra represent the Four Noble Truths, which are listed on the board with a short summary of each.

For us, the board represents a reminder of how life is a circle, and to live your best life you must follow the Four Noble Truths and observe what is on the Dharma Chakra.



Value Board - Love



LOVE BOARD MEANING

by Hareendra, Anisha, Nicholas, Vivan, and Roshan

The love board that our group has made has a deep meaning. The board has a lot of contents with each having different values popping out of them. To us, this Love board means that everyone has a heart, even the people you don't like, so we should all work together to create a good society. This board demonstrates peace with all creatures from fish to humans. The board contains a silhouette of a cat, holding up a silhouette of a butterfly. This shows that love has neither boundaries, nor language. Despite the animals' differences, they still get along and show that they care for each other.

Along with that, the board contains a box with meaningful words coming out of it. This shows all the virtuous paths we can make following these words. We don't think, but know that love is a limitless feeling towards every single soul on this Earth. It can be hard showing love and affection through hard times or even to other people, but the way to go is by starting to love yourself.

♥ "Everyone has a Heart" ♥



Value Board - Right Conduct



by Aadya, Aaraby, Aira, and Krisha

The Right Conduct value board represents the connection between our mind and planting trees. Planting a seed, will grow into a beautiful tree, similarly if you plant good thoughts, you can have a good, growth mindset.

The first step to planting a tree is planting the seed, just like you can plant good thoughts in your mind. If you leave a sprouting plant without sun, and water it will wilt, likewise, if you don't nurture good thoughts, then your mindset will be ruined. When you have a good mindset, you will be set up to succeed in life.

The value board shows and demonstrates the importance of planting trees. Trees give us oxygen, store carbon, balance the soil and give life to the creatures in the wild. They also provide us with the materials for tools and shelter. In the olden days, Indigenous people would make everything with trees!!

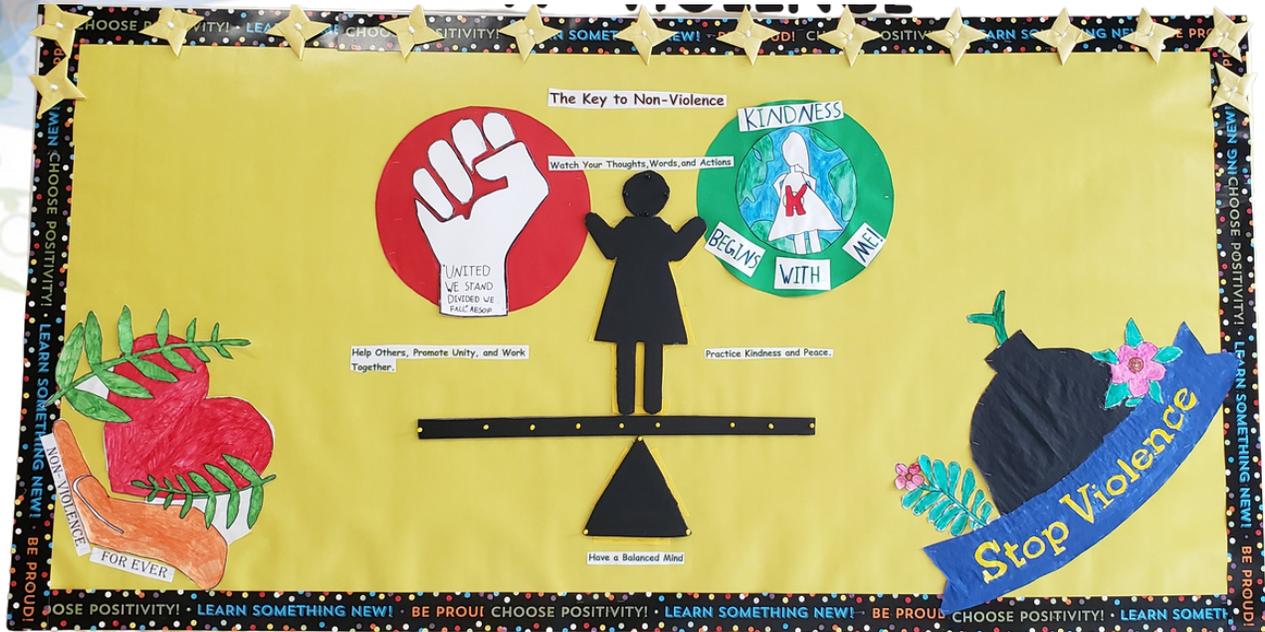
Shelters, boats, baskets, tools, clothing, food, etc. In many Indigenous cultures, trees are important symbols of values, spiritual beliefs, traditions and hope for the future.

Planting your own tree and watching it grow can slowly convert you into a better and wise person than you are now. This is because the action of planting trees teaches humans multiple human values, like Patience, Compassion, Attentiveness, etc.

Trees provide us with many resources, so we should send love back by planting more trees in our community. It doesn't always have to be on special occasions like earth day, if everyone in our school planted a tree in our community, then we will enhance biodiversity, forest resilience to climate change and help solve many other global problems around the world.



Value Board - Non-Violence



by Debashish, Ajay, Syon

Seeing five value boards complete after nearly a month of hard work truly felt amazing. The students in the seventh grade classroom worked exceptionally hard to create value boards that are currently displayed in the hallway of the school. What are value boards? Value boards are boards that display art to represent a certain value such as love, peace, truth, right-conduct, or non-violence.

Our group got assigned to non-violence. Our goal as a group was to display non-violence on one of the boards in an artistic way. Along the border you will see yellow paper stars. The stars are yellow, the colour of non-violence. The stars represent a quote by Martin Luther King Jr, "Returning violence for violence multiplies violence, adding deeper darkness to a night already devoid of stars. Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that."

The second thing that you will see on the board we created is a weighing scale. On one side of the weighing scale is a hand, this hand represents unity. On the other side of the weighing scale there is a picture that represents kindness. This picture demonstrates that in order to have non-violence you must have unity and kindness. On the bottom left corner there is a bomb which is shooting flowers. This bomb has been shown as a symbol of non-violence. In order to have non-violence we must have peace. In order to have peace there should be no war. We need to give up all arms and we must live in peace, not war.

In conclusion our board mainly demonstrates three things, returning violence multiplies violence, non-violence is equal to unity + kindness, and in order to have non-violence we must have peace.



HERITAGE MONTH: ISLAM

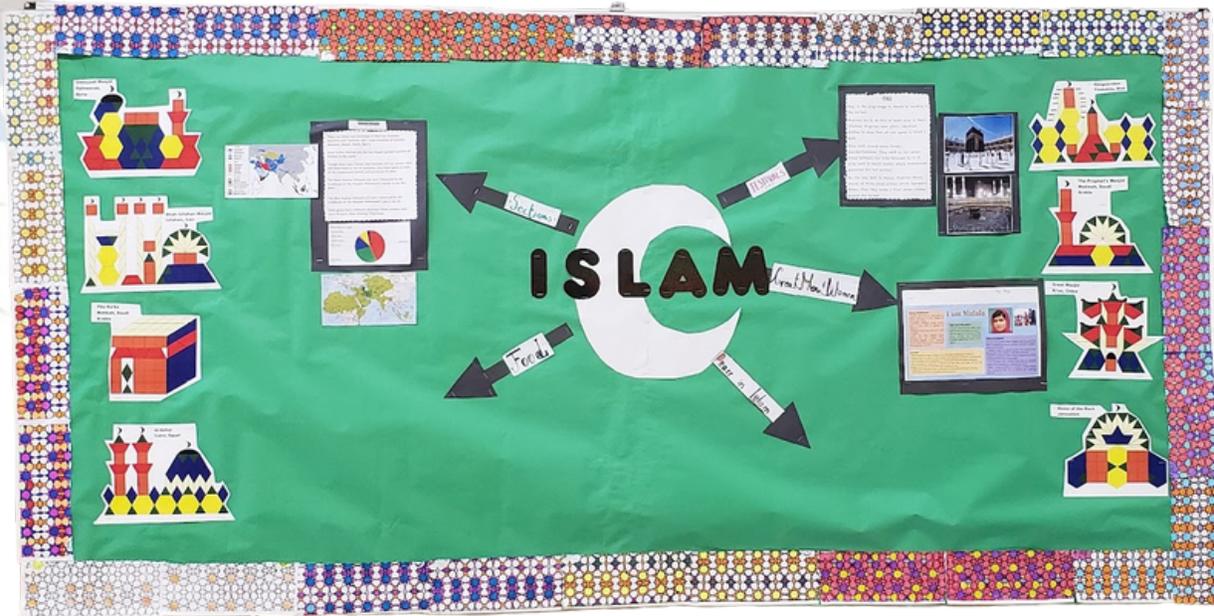


Photo credit: FVW

by Iman Ali Raza (Grade 5)

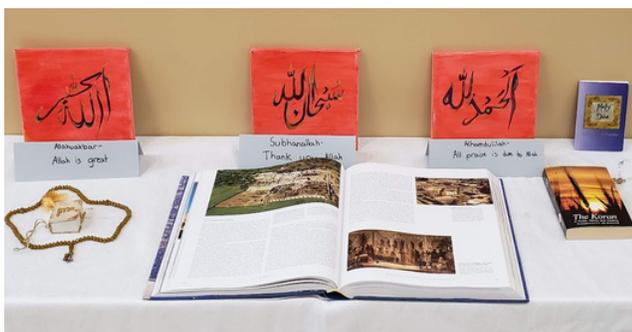
Islam is a monotheistic religion founded in the 7th century by the prophet Muhammad in Mecca, Saudi Arabia. The central text of Islam is the Quran, which Muslims believe to be the word of God as revealed to Muhammad through the angel Gabriel. Islam teaches that God is merciful and just, and that the purpose of life is to worship God and to follow His commandments.

Muslims believe that Muhammad is the last in a long line of prophets, which includes Abraham, Moses, and Jesus. They also believe that there will be a day of judgment,

when all people will be judged for their actions on earth and sent to either heaven or hell.

Islam has a strong tradition of charity and social justice, and Muslims are required to give a portion of their income to those in need. The Five Pillars of Islam are the core beliefs and practices of the religion, and include the declaration of faith, daily prayers, giving of alms, fasting during the month of Ramadan, and the pilgrimage to Mecca at least once in a lifetime.

There are two main branches of Islam: Sunni and Shia. The majority of Muslims are Sunni, and the two branches have some differences in their beliefs and practices. However, they both believe in the same God and the same core principles of Islam. Islam has a global following, with over 1.8 billion Muslims worldwide. It is the second largest religion in the world, after Christianity.



Sai Baba 97th Birthday Celebration

Program

Welcome Address by

Principal Dr. Revathi

- Land acknowledgment
- O Canada (bilingual)
- Prayer

Emcee's: *Mankibar Marwaha*

& Dahila Muralitharan (grade 8 students)

Grade 1

School Anthem
Introduction

Grade 4 Performance

(Bharatatyam dance – Aigiri Nandini)

JK's Performance

(Poem: 5 Values – Carole Alderman)

Grade 7 Performance

(Shreyansh plays guitar)

Grade 7 Performance

(Dance: Achyutam Keshavam Krishna
Damodaram)

Grade 2 Performance

(Song – I keep feeling your love in me)

Grade 3 Performance

(Speech about values)
- Video about Baba

Grade 5 Performance

(Poems about 5 Universal Human Values)

Grade 8 Performance

(French song)

Grade 6 Performance

(Kathak dance – Aigiri Nandini)

Grade 4 Performance

(Song: remind me my Lord)

Grade 7 Performance

(Song: RASA Vilola Nandalala)

Grade 8 Performance

(Bhajan: Man Ek Baar)

Teachers' and Staff Performance

(Bhajan: Mother o' mother)

**Cake cutting and
SK Performance**

Closing Remarks

Set Design by by Mr. Lojan Sivapragasam, father of Menon, a grade 8 student



Sathya Sai Baba 97th Birthday Celebration

The Cutting of the Cake



The Birthday Cake was cut by the oldest student Maya in Grade 8 and youngest student Shivani in Junior Kindergarten. Mr. Hau, the Grade 2 teacher and a grade one student Arya were also recognized for sharing the November 22 birthday.

As a token gift from Sathya Sai Baba, students, teachers, staff, volunteers, and special guests were treated to a specially decorated green and gold cupcakes in honour of Sai Baba's birthday. These delicious and delectable cupcakes were made by Ms. Abirami Paramanathan.

Highlights from the Birthday Celebration



Top Right Photo: Teachers and staff performing Bhajan: Mother o' mother. **Top Right Photo:** Grade 4 students performing the Bharatatyam dance - Aigiri Nandini. **Bottom Left Photo:** Junior Kindergarten Poem: 5 Values - Carole Alderman



THE GROWING GARLAND

Special prayers were held on Founder Sri Sathya Sai Baba's 97th Birthday, November 22, 2022. During the prayers, the garland that was placed on his photograph began to sway, and gradually over the next several days, it increased in length, giving testimony to Sai Baba's presence in the school and guiding light transforming all hearts.



Below is the Grade 8 student's beautifully decorated card along with the numerous colorful bouquets of flowers given in honour of Sai Baba's birthday celebration.



Sai Baba 97th Birthday Celebration



The Grade 8 students created this beautiful colorful card which they presented to Sai Baba in celebration of his 97th birthday.

The students gave each of the teachers and staff a lotus flower to sign and then placed them inside the card.

The following is the message written inside.

Our Beloved Swami

We rejoice today to celebrate your birthday
You are a man that words cannot characterize but your acts of **non-violence** show more than enough

You are a symbol of **love**
Your presence is **peace**
Your notes of truth are instrumental to our melody
You are a model of **right-conduct** displaying respect of all life

A forest sculpted
Us walking down the path you leading us,
Watching the flowers drip with ambrosia
Bowing down in the appearance of a Great Man.

Written by: Yashica
Illustrated by: Ahmisaa



Our Beloved Swami

We rejoice today to celebrate your birthday
You are a man that words cannot characterize but your acts of non-violence show more than enough
You are a symbol of love
Your presence is peace
Your notes of truth are instrumental to our melody
You are a model of right-conduct displaying respect of all life
A forest sculpted
Us walking down the path you leading us,
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Great Man
Written by: Yashica
Illustrated by: Ahmisaa



HALLOWEEN



Halloween is always a fun time of year when you can dress up and be whomever you want to be a butterfly, a cartoon character, a superhero, or a mad scientist and for Sathya Sai Students that is exactly what they did. They came as police officers, nurses, wizards, detectives, princesses and so many more characters. Even the teachers and staff got in on the fun and dressed up in costumes. Click [here](#) to view the slideshow of special costumes.

HALLOWEEN HAUNTED HOUSE

What is Halloween without a haunted house? That is the question Dhruv Patel, Syon Harilall, Hareendra Vaddey, Anisha Gupta, and Anubhav Sharma of Grade 7 posed to Ms. Faith. With little time and limited supplies, this group of Grade 7 students got busy coming up with a plan and then executing it perfectly to put together a spooktacular haunted house for all the students to enjoy.

They made sure to keep it simple for the younger students so they could join in on the fun. As for the older students the haunted house crew ramped up the spooktacular level making it fun for them too.

All of the students appeared to have appreciated the time and effort the Grade 7 students put into the haunted house.



Photo credit: Maya G



COBY'S ANTI-BULLYING MAGIC SHOW

November was a busy month at Sathya Sai School and began with an important message from **Coby Elimelech** who brought his **Anti-Bullying Magic Show** to the school. He delivered two shows, one for the JK to Grade 3 students, and another for the students in Grades 4 to 8. During both of the shows, the students were wowed by the magic Coby performed and also by the powerful message he delivered. That message was that bullying is not cool. His message was clear and concise, and all the students came away with a better understanding of why they shouldn't bully and what it feels like to be bullied. He also made it very clear that if you are being bullied that you need to tell an authority figure.

Throughout the show, Coby performed magic tricks and created illusions that left his audience scratching their heads and wondering how he did that. For those fortunate enough to see both of the shows, it didn't make it any easier to explain his magical tricks the second time around. It wasn't just the students that were amazed by Coby's magical talents, even our very own Dr. Revathi was part of the fun and amazement. Coby asked her to



pick a number between one and a million and within a short time, he was able to write the number down on a piece of paper for the audience to see.

It was towards the end of the show when Coby chose two students to join him on stage, a male and a female. Through a series of steps, one student lost their ability to pick up a box while the other was able to maintain their power and lift their box. It was then that Coby had all the Sathya Sai students present that day take the Anti-Bullying pledge.

As the students returned to their classrooms there was a buzz in the air and students were asking others if they had seen Coby do this or that and trying to figure out how he did it. They were also impressed that Coby didn't just tell them about bullying and the effects of bullying but rather he told them his personal story and his powerful message seemed to really hit home among students.

Click on the pictures to view the video of the Anti-Bullying Oath.



Coby with the Sathya Sai Student Council.



FOOD DRIVE



by Rishi Gobinath

We recently held our annual food drive this October. It was an excellent display of service by all the Sathya Sai School students. The entire school was divided into the value groups of Love, Right Conduct, Peace, Truth, and Non-Violence. There was a contest on which group could raise the most food. This encouraged the students to bring non-perishable food items. Altogether the school raised more than 600 pounds of non-perishable food items for the North York Food Harvest Bank.

The grade 8 class sorted all the non-perishable food items into boxes. Each box was packed with items ranging from pastas to canned food items. The Student Council helped load the packaged food onto the truck. It was a very successful food drive.





Photo credit: FVW

The Junior Kindergarten students inquired about Our Senses. A unit of inquiry that will help the students understand who they are and make informed choices that contribute to their identity and belonging. Through various activities, they recognize how these senses help them understand the properties of objects and learn about the world around them. The best tool to support our observation experience was popping corn. We use all our senses like the sense of sight, smell, sound, touch and taste as we turned corn kernels into white, fluffy, buttery, and yummy snacks.

What better way to learn about the five senses than with a special treat especially when that treat is popcorn? For Ms. Gabiana's JK class that is exactly how they got to learn about their five senses.

At first, you might wonder how popcorn could teach children about their five senses, but when you think through the process it makes a lot of sense, no pun intended.

First, the bag of popcorn is placed in the microwave and the timer is set. It was not long before the children could **hear** the kernels beginning to pop and with each pop, the aroma of popcorn began to fill the air. The children could **smell** that their special treat was almost ready.



It wasn't much longer before they heard the final beep of the microwave timer and Ms. Gabiana opened the door to retrieve the bag of freshly popped popcorn. She quickly opened the bag released the steam and poured the popcorn on a plate.

The children could **see** the freshly popped popcorn as it was passed from child to child each taking a handful and placing it on the napkin in front of them. With each handful, they could **feel** the warm soft delicate texture of the popcorn on their fingers.

With the popcorn in front of them the children were getting excited to use their fifth sense, their sense of **taste**.

As they began to eat silence came over the room and all you could hear was the crunching of popcorn and all you could see were the smiles of happy children who had learned about their five senses by eating a special treat, popcorn.



In the News



Photo credit: FVW

Grade 2 students proudly show their multi-coloured fall trees. Instead of using traditional paint brushes students used Q-tips to create their one of a kind works of art.

What does the school's summer uniform and bears have in common?

Both should be in hibernation until spring.

The summer uniform like bears should be currently hibernating until the spring. The only two uniforms students should be wearing are the winter uniform which consists of a white turtle neck and navy long-sleeve sweater along with grey pants or jumper/skirt for girls. The shoes and socks should be black or navy.

If it's a gym or yoga day then the gym uniform is the proper attire with its white golf shirt, a navy sweatshirt with a rounded neck, and matching gym pants. Don't forget white or black sneakers and socks.

We strongly encourage parents to write their child's names on the inside label so the item can be easily identified should it get lost or misplaced.

Sadly the school has a number of unclaimed sweaters and gym shirts in the lost and found all of which do not have identifying marks on them so cannot be returned to their rightful owner.

**Yours truly,
Ms. Faith Van Wart, Admin. Asst.
Dr. Revathi, Principal**

